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PsyHuman International Summer School 3rd edition

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The Psychological Humanities Summer School



The Psychological
Humanities:
Multidisciplinary Approaches
to Well-being and Inclusion

The Psychological Humanities: Some issues

- Can we integrate the empirical and the humanistic methods of research into the mind?
- Can the bio-medical and psychological models of well-being promotion be complemented by subject-centred and narrative-based models? And How?
- Which are the advantages of an integrated approach to the study of the mind?
- What can the humanities tell us about the mind?
- How can the humanities describe the mind?
- Does psychology 'need' the humanities?
- Do the humanities 'need' psychology?

The role of the humanities and arts in...

- grasping the complexity of psychic human experiences
- ...and of contradictions, ambiguities
- providing representations of mind functioning
- encouraging multidisciplinary educational and cultural interventions (life skills: communication and interpersonal skills, narrative competence, affiliation, respect for differences, other-oriented attention)

The PsyHuman Summer School



Integration of..

- psychological sciences
- neuroscience
- cognitive studies
- Literature, philosophy, visual arts, social sciences, law, gender studies, cultural studies, ...



Study of ...

- the mind and its functioning
- human behaviour
- interpersonal relationships
- emotions
- mind/body

Multidisciplinary Approaches to Well-being and Inclusion

➤ WELL-BEING →

➤ INCLUSION →

- ✓ *Making connections*: multidisciplinary approaches - cognitive, psychological, bio-medical sciences & cultural, gender, law, literary, philosophical, and sociological studies.
- ✓ *Encompassing* physical, mental, and socio-cultural determinants
- ✓ *Reflecting* on the role of psychology and of the arts and humanities to promote well-being and to build inclusive communities
- ✓ *Challenging* the dominant narratives of the 'ideal' mind- and body-type

Multidisciplinary Approaches to Well-being and Inclusion

Seminars and
Workshops:

➤ WELL-BEING →

➤ INCLUSION →

- ✓ *Social robots, AI, design* (social psychology, sociology, Sci-Fi literature)
- ✓ *Love and care* (neuroscience, art, film, medicine)
- ✓ *Contemplative practices & neuroaesthetics* (psychobiology and physiological psychology, narrative medicine)
- ✓ *Non-conforming bodies, minds, sexuality* (psychology, literature, narrative medicine, sociology, law, philosophy of psychology)
- ✓ *LGBTQIA+ people and communities* (psychology, sociology, law)

Teaching and Learning Methods and Activities

- **Lecturers from different disciplines** (bio-medical, cultural, gender, law, literary, philosophical, psychological, and sociological studies) & YOU
- **Narrative Medicine Workshop**: Group activities and discussion sessions, based on the signature practices of Narrative Medicine (*i.e.*, close reading, attentive listening, self-reflection, writing to a prompt, storytelling and sharing).
- **Outdoor activities**: All-day excursion to Arte Sella: The contemporary mountain; half-day guided tour of Rovereto; half-day excursion at the lake; and meditative-aesthetic workshop at the Modern and Contemporary Art Museum of Rovereto (MART).

ASSESSMENT	When?	How?	What?
<p>In-presence attendance (compulsory) + Certificate of Attendance</p>	<p>during the 2 weeks of the Summer School</p>	<p>Participation in class and to outdoor activities</p>	<ul style="list-style-type: none"> • progress towards the acquisition of the learning objectives, • interaction with peers and lecturers, • active participation in class, • commitment to carrying out the given tasks
<p>Online-session presentation and discussion (compulsory) 6 ECTS and grade + Transcript of Records</p>	<p>a few weeks after the summer school</p>	<p>school presentation and discussion of the student's personal interpretation of the psychological humanities and of a chosen topic, with reference to the issues addressed in at least one seminar/workshop and to the student's field of study</p>	<ul style="list-style-type: none"> • capacity to trace multidisciplinary connections; • capacity to re-elaborate from an original critical perspective the issues addressed in the seminars/workshops; • conceptual framing; • coherence and argument building.
<p>c. Extra Assignment - Essay (optional) +2 ECTS and grade</p>	<p>by 30 September</p>	<p>Essay length: min 4,000 - max 6,000 words (including footnotes and bibliography)</p>	<ul style="list-style-type: none"> • conceptual framing, coherence and argument building; • capacity to re-elaborate from an original critical perspective the issues addressed in the seminars/workshops; • capacity to trace multidisciplinary connections.

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THANK YOU!

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PsyHuman
Lab